

**"Made 4 U Especially " Custom Dressmaking & Handcrafted Gifts by : Darlene
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Body Measurement Chart

The chart below allows space to record dimensions for both the left and right sides of the body, which may be helpful when fitting an asymmetrical figure.

Shoulders

Shoulder length - left: _____ right: _____

Shoulder-to-shoulder- front: _____

Shoulder-to-shoulder- back: _____

Back width: _____

Front shoulder slope- left: _____ right: _____

Back shoulder slope- left: _____ right: _____

Neck to waist front: _____

Neck to waist back: _____

Arms

Arm length (over arm)- left: _____ right: _____

Biceps/upper arm circumference- left: _____ right: _____

Armhole depth- left: _____ right: _____

Bust

Bust circumference: _____ Upper bust circumference: _____

Under bust circumference: _____

Chest width: _____

Neck

Natural neckline: _____

Neck edge to bust point (bust depth)- left: _____ right: _____

Neck edge to waist- left: _____ right: _____

Legs Outer seam- left: _____ right: _____

Inseam: _____

Waist to floor front: _____

Waist to floor back: _____

Crotch

Crotch length total: _____

Crotch length front: _____

Crotch length back: _____

Crotch depth: _____

Waist and hips

Waist circumference: _____

Abdomen: _____

Abdomen depth: _____

Hip circumference: _____

Hip depth: _____

Fullest part of hip: _____

Fullest hip depth: _____